



VERIFYING YOUR PROFICIENCY – SELF-AWARENESS

Answer a behavioral interview question based on your experience(s) to help verify your level of proficiency

Professionalism

Professionalism		
Self-Awareness	Integrity & Ethics	Brand
Understanding one’s strengths, limitations, emotions, and biases in a variety of situations and articulating how one’s interests, skills, and values align with educational and professional goals.	Making choices and consistently acting in a manner that displays integrity (following internal principles, morals, and values) and ethics (following external laws, rules, and norms) in personal and professional settings.	Demonstrating the continual development of a positive impression or image in every facet of life while seeking feedback from others to ensure congruence between one’s intended and perceived reputation.
Level of Proficiency	Behavioral Interview Questions	
Awareness <i>theoretical knowledge</i>	Tell me about a time when you sought out opportunities to learn about how your interests, skills, and work values intersect.	
Basic <i>limited experience</i>	Tell me about how your experience(s) helped you learn about your interests, skills, and work values and how they align with your educational and professional goals.	
Intermediate <i>practical application</i>	Tell me about a time when you applied strengths, acknowledged limitations, managed emotions, and overcame biases during a part-time job, internship, co-op, volunteer or leadership opportunity, academic project, etc....	
Advanced <i>extensive experience and application</i>	Tell me about a time when you recognized your emotions or biases when working with others and how you adjusted to remain productive in achieving goals in an inclusive environment.	
Expert <i>recognized for mastery and attainment in all areas</i>	Tell me about a time when you adjusted educational and professional goals based on your interests, skills, and work values even when doing so was difficult or disappointing.	
Answer:		